



DENVERPONG

1559 South Broadway, Denver Colorado, 80210

Denver Pong Offering Master Classes on Saturdays in May and June

USATT National Certified Coach, Richard McAfee, will be holding training sessions on a different subject each Saturday in May and June, from 2-3:30pm. Each Master Class will focus intensely on one subject. Classes are limited to the first ten paid entries and open to players of all levels. Participants can sign up for each individual Class that interests them at OmniPong.com

May 7th

“Learn the 5 Variations of Topspin Strokes”.

Get the most out of your topspin game by adding more stroke variations to your toolbox. Class will cover the following strokes: Topspin, Counter-topspin, Topspin on Topspin, No-spin Topspin (fake loop), and the Smash Topspin.

Who should attend? Any player who already has a solid basic topspin stroke but wants to add more topspin variations to their game. Instruction will include not only how to technically produce each stroke but how each variation is used tactically.

May 14

Effective Practice Using the Five Ball Training System

If you feel like you cannot play in a match at the same level you train at daily, then this Master Class is for you. Learn how to use the 5 Ball Training System to improve both your technique and tactics. Eighty percent of all points are over by the time the ball is played five times. The 5 Ball Training System consists of drills that focus on each of those first five balls and is the best preparation for match play. This Class is for players at all levels.

May 21

Improve Your Serve Return Game.

Feel like your serve return is holding you back as a player, then this Master Class is for you.

Learn how to control the spin on the ball when returning serves. All variations of flips and pushes will be covered. Players will learn how to use each serve return to set-up a specific tactic by targeting the placements of their serve returns. In addition, practice methods for improving serve returns will be covered. Class is open to players of all levels.

May 28th

No Class, Coach McAfee will be out of town.

June 4th, 2022

Improve your Table Tennis Movement.

This Master Class will explore all areas of Table Tennis Movement. Movement is not only footwork but also the Postural Body Adjustments required to reach difficult placements. Participants will learn how to effectively practice footwork, how to generate power correctly by transferring force into the ground, and how to connect your brain with your feet. This class is perfect for players of all levels.

June 11th, 2022

Understanding Long Pips – Playing with It or Against It.

If you have trouble playing against or are using Long Pips, then this is the Master Class for you. Participants will learn the finer points of how long pips work, styles of play using long pips, and the various long pips strokes. Players will also learn how to tactically play against long pips. This class is for tournament players.

June 18th, 2022

Backhand Improvement Session.

This Master Class will focus on improving all Backhand Strokes used in the first 5 Balls of a Point. This includes Serves, Serve returns, third /fourth/5th Ball attack options. Instruction will include both technical and tactical options. Participants should have basic backhand stroke techniques.

June 25th, 2022

No Class

Master Classes are Limited to 10 Participants

Cost is: \$15 for Denver Pong Members and \$15 for Non-Members plus daily club fee.

Each Denver Pong “Pro” Member can take one Master Class per month for free.

Register for each Master Class at OmniPong.com

About Coach McAfee:

Coach Richard McAfee is Certified by USA Table Tennis as a “National Level” Coach. He is also an International Coaching Course Conductor and Trainer for the International Table Tennis Federation. He has trained more than 1,800 Coaches in more than 30 Countries since 2004. Coach McAfee is an Inductee into the USA Table Tennis Hall of Fame and the Author of, “Table Tennis Steps to Success”