
S&S AUGUST CAMP



Wednesday-Friday, August 21-23, 2024

Sessions 10am-12:30pm, 5pm-7:30pm Wednesday – Thursday

Friday 10am-12:30pm, 1:30pm – 4pm

Private coaching with Chance Friend available between sessions.

Sign up at Spin & Smash or on www.Omnipong.com

[August 21](#): Focus on footwork and fundamentals focusing on transitions and stability.

- 2-4 pm private lessons
- 8-10 private lessons

[August 22](#): Focus on Serve & receive

- 2-4 pm private lessons
- 8-10 private lessons

[August 24](#): Focus on tournament preparation and match situations.

- 9-10 am private lessons

Prices:

\$50/session

\$90/day

\$250/whole camp

