



Table Tennis Fundamentals with **Chance**

Dates:

- March 3, 2024 - focusing on taking the initiative when receiving. Flipping, pushing short, and opening on long serves.
- March 10 – focusing on 3rd and 5th ball sequences. Working on opening and follow off your serve.
- March 10 – focusing on footwork and fundamentals. Working on transitions and stability.
- April 7 – tactics and sequencing. Focusing on constructing the point effectively.

Fundamentals clinics with
Chance Friend:
2 – 4:30pm Cost \$65

Chance Friend is a former Professional Player for 7 years in Germany from 2012-2019. Since then he has been playing and coaching full time for the last several years. He is consistently top 10 in the USA and currently rated 2531. He has also coached many players that are currently on the Men's and Women's National Teams.

March 3, 10, 17 and April 7.

Schedule clinics at Spin & Smash or on Omnipong www.omnipong.com
Private coaching available \$70/hr between 5-10pm and 11:30am-1:30pm
Schedule at Spin & Smash

