



Footwork & Tactics TT Clinic

Swedish Pro Robert Eriksson and ITTF Certified Coach Dave Fullen
September 29th 7pm-9pm, September 30th 10am-5pm / Columbus, Ohio

Robert Eriksson:

- Professional Player in the Sweden Super League
- Sweden National Championships Men's Singles Bronze Medalist
- Defeated Marcos Freitas
- Defeated Cho Eon Rae
- Defeated Jorgan Persson



Robert Eriksson is currently one of Sweden's top athletes who has traveled throughout Europe playing professional leagues for the last 13 years. Now, he is coming to Ohio for two full days of intense training to help players of all levels improve their strokes, footwork, game tactics, and much more! Space is limited, register today to reserve your spot!

- Coaches:** Coach Robert Eriksson and ITTF Certified Coach Dave Fullen
Additional Coaches may be added (depending on group size)
- Where:** Spin & Smash Table Tennis & Ping Pong Center / Westbrooke Commerce Center / 2192 N. Wilson Rd., Columbus, OH 43228 - High ceiling, new Butterfly tables
- When:** Friday, September 29th 7 - 9pm
Saturday, September 30th First Session 10am-1pm Second Session 2pm-5pm
- Who:** Most of the techniques discussed will be for intermediate-advanced level players. However, anyone prepared to learn is encouraged to attend. All levels - all ages.
- Cost:** Cost is \$40 for Friday night, \$55 per Saturday session. You can register for one, two or three sessions.
- Contact:** Dave Fullen - dave@play3tc.com or (614) 937-1626 Space is limited, ENTER TODAY!!!
- More Info:** www.spinandsmash.com and www.omnipong.com

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Name _____ Mail to: Spin & Smash TTPPC, 2192 N Wilson Rd. Columbus, OH 43228

Street _____ Check or Money Order to: SSTTPPC

City _____ State _____ Zip _____ Circle which session you'd like to attend: Friday
Saturday am, Saturday pm

Phone _____ E-mail _____ Cost is \$40 for Fri., \$55 Per Sat. Session

Signature _____
Space is limited - enter early!!!



Clinic Details

Friday 7-9

7:00-7:05 Welcome

7:05-7:15 Warm up

7:15-7:20 Lecture about basic footwork

7:20-7:30 Shadow drills with basic footwork

7:30-7:50 Drill 1 Knocking, 2x5cross + 2x5straight. (2 different levels of the drill)

7:50-8:00 Lecture about drill 2 and 3

8:00-8:20 Drill 2 One side play cross and one side play straight, 2x10. (2 different levels of the drill)

8:20-8:40 Drill 3 Footwork from one spot. Bh->cross from middle and Fh->cross from middle, 2x10. (2 different levels of the drill)

8:40-8:45 Lecture about drill 4

8:45-9:00 Drill 4 "Falkenbergdrill" competition, 100 laps, both side work, minimum 2 laps before counting.

Saturday 10-1

10:00-10:05 Recap from Friday

10:05-10:20 Warm up

10:20-10:40 Drill 1 Knocking, 2x5cross + 2x5straight. (2 different levels of the drill)

10:40-10:50 Lecture about drill 2 and 3

10:50-11:10 Drill 2 2fh+2bh, fh-middle-bh-middle, everything cross, 2x10. (2 different levels of the drill)

11:10-11:30 Drill 3 2fh straight+2bh straight, in and out footwork, 2x10. (2 different levels of the drill)

11:30-11:40 Break

11:40-11:50 Lecture about drill 4 and 5

11:50-12:10 Drill 4 Short downspin service -> receive to middle -> fh topspin against bh -> free play, 2x10. (2 different levels of the drill)

12:10-12:30 Drill 5 Long service to corners -> topspin cross -> free play, 2x10. (2 different levels of the drill)

12:30-12:35 Lecture about drill 6

12:35-12:55 Drill 6 Matchplay with different topics every match, top table.

12:55-1:00 Short summary of the session.

Saturday 2-5

2:00-2:10 Warm up

2:10-2:20 Drill 1 Knocking, Downspin-Downspin, Short-Short

2:20-2:30 Lecture about tactics and strategy, What is tactics?

2:30-2:35 Lecture about drill 2 and 3

2:35-2:55 Drill 2 Fast service in the corners, wait cross, free play.

2:55-3:15 Drill 3 Short downspin service to fh -> long receive to middle/fh -> topspin deep to backhand.

3:15-3:25 Break

3:25-3:30 Lecture about Drill 4

3:30-3:50 Drill 4 Short downspin service to fh or Fast service to bh -> Take advantage of the rally (predict where the ball is coming)

3:50-4:00 Lecture about the session. What have we learned? How can we bring it in to our own game?

4:00-4:25 Matchplay with only long/fast services.

4:25-4:50 Matchplay with only short downspin service.

4:50-5:00 Lecture and discussions about what happens after different kind of services.