



May Table Tennis Camp with **Chance Friend** at Spin & Smash

Dates & Topics:

- **Monday, May 12** - footwork and fundamentals focusing on transitions and stability.
- **Tuesday, May 13** – footwork and fundamentals focusing on changing directions and positioning.
- **Wednesday, May 14** - focus on 3rd ball and 5th ball. Opening sequences starting with serve.
- **Thursday, May 15** - focus on receive. Starting most drills with active receive, flip, short push, and opening on long serves.
- **Friday, May 16** - focus on match situations. Structuring the game according to your system.

Spin & Smash May Camp with
Chance Friend, May 12-16, 2025:
Sessions 10am-12:30pm, 5pm-7:30pm
Monday – Thursday
Friday 10am-12:30pm, 3:30pm – 6pm

Chance Friend is a former Professional Player for 7 years in Germany from 2012-2019. Since then he has been playing and coaching full time for the last several years. He is consistently top 10 in the USA and recently rated 2531. He has also coached many players that are currently on the Men's and Women's National Teams.

\$50/session, \$425 whole camp

Schedule clinics at Spin & Smash or on Omnipong www.omnipong.com

Private coaching with Chance Friend available
between sessions.

